

#	Tense	Usage	Affirmative Formula	Example
1	Present Simple	привычки, факты	S + V1 + O	I work every day.
2	Present Continuous	действие сейчас	S + am/is/are + V-ing + O	She is cooking now.
3	Present Perfect	результат сейчас	S + have/has + V3 + O	I have finished my work.
4	Present Perfect Continuous	началось в прошлом, длится сейчас	S + have/has + been + V-ing + O	I have been studying for 2 hours.
5	Past Simple	завершённое прошлое	S + V2 + O	They watched a movie.
6	Past Continuous	длительное действие в прошлом	S + was/were + V-ing + O	I was sleeping at 10 PM.
7	Past Perfect	действие до другого прошлого действия	S + had + V3 + O	He had left before I arrived.
8	Past Perfect Continuous	длительное действие до прошлого момента	S + had + been + V-ing + O	She had been working for hours.
9	Future Simple	решения, прогнозы	S + will + V1 + O	I will call you later.
10	Future Continuous	действие в конкретный момент будущего	S + will + be + V-ing + O	I will be working at 6 PM.
11	Future Perfect	завершится до будущего момента	S + will + have + V3 + O	I will have finished by Friday.
12	Future Perfect Continuous	длится до будущего момента	S + will + have + been + V-ing + O	I will have been working for 5 years.